

All Risks Postpartum 1 (2-4 weeks or at 6 weeks if only postpartum visit)

Slides 1-10 part A, Slides 11-12 part B, (New Passive Slides PS 11-24 if needed) Risk Rescreening, Fussy Baby, Back to sleep, Other People's Smoke, Second-hand Smoke

Topic	Material	Advisor Text
Introduction Delivery	Guide 1 PP 1A	1.Congratulations on your baby's arrival. How did your delivery go? <i>Have her describe her experience.</i>
Concerns about baby	Guide 2	1.How has the baby been doing since you have been home? Have you had any problems with feeding? Are you using breast or bottle feeding? Have you had any concerns about your baby?
Fussy Baby	Fussy Baby	2.Has the baby had fussy periods? Dealing with a fussy baby is a very demanding problem especially if you are fatigued. There are a number of things that may help. Do you still have this pamphlet ? You may want to review it and show it to other people who will care for the baby. <i>Discuss swaddling, slow motion, quiet music.</i> The important thing is never to shake a baby; caution other people too.
Back to Sleep	Back to Sleep	3.If you feel you may lose control, put the baby down. You go lie down. There are also hotlines. 4.The other rule is "Back to Sleep" because babies put to sleep on their tummies have a higher risk of dying from SIDS. Remind other people caring for the baby about this. 5. What are your thoughts about picking up a baby when it cries? <i>Elicit any concerns about spoiling. Reassure about importance of responding to cries.</i> It is also important to remember to look at and talk to your baby during feeding and caregiving throughout the day.
Baby Blues	Guide 3	1.How has your mood been? Feeling blue and having mood swings is very common after delivery. Part of it may be due to your hormones readjusting. Being so fatigued also plays a part. 2.It's important for you to look after yourself. What are the ways you can do that? <i>Have her identify when she can rest, who is available to help her out, other ways she is taking care of herself.</i>
Support network	Guide 4	1.Do you have enough people you can turn to? How is your partner/ the baby's father helping out? Who has come to visit? 2. What do you still need help with? Who can help? Can you ask?
Reassess risks	Risk rescreening form	1. I would like to check on your risks so we can be sure you are getting the help you need. <i>Administer reassessment (For new AS do AS postpartum, Quit guide, tips, PS handouts; for new Depression discuss referral, for new Partner Abuse adapt PA postpartum session)</i>
Review possible new passive risk	Guide 5 Guide 6	1. Let's talk now about your progress in reducing risks for you and your baby. <i>(for AS or PS click on session)</i> 2. <i>(For non-smoking risk women or new PS risk women)</i> Have you heard about risks of smoke exposure for young children? <i>Review guide 6</i>

	Guide7-10	3. <i>(Present guide slides 7-10) If she says YES to guide 10 or new PS above, deliver guides PS11-24 and PS Handouts (Secondhand Smoke; Other People's Smoke)</i>
Smoking-active, passive		SMOKING TEXT HERE
		DEPRESSION TEXT HERE
Partner Abuse Post-partum		PARTNER ABUSE TEXT HERE
Reproductive Health		REPRODUCTIVE HEALTH TEXT HERE
All risks-review of changes	Guide 11 (PP 1B)	<p>1.Lots of things have happened since we began working together. Let's talk about the changes you have made since we began. What changes do you see? Where have you made the greatest progress? What do you see as areas where you will continue to try to work? <i>(Consider whether these will require referral to additional services and offer referral source)(If there are areas you want her to consider for referral discuss these)</i></p> <p>2. These were important changes for you and for your baby. Continuing to work on these things will make you that much better a parent for your baby</p>
<i>If this is 6 week visit; Closure</i>		<p><i>(If this is the 6 week visit)</i></p> <p>1. There are a number of areas where I think you also made good gains. <i>Remind her of other issues that have improved and praise her changes, if appropriate.</i> I am also confident that you can meet those additional goals you have set for yourself.</p> <p>2. We are tremendously grateful to you for your participation in the HOPE project. You have made an important contribution in helping to find ways to have healthier babies here in Washington, DC.</p>
Need for 6 week visit	Guide 12	<p>1. <i>(If visit is at 2-4 weeks)</i>Let's plan to meet one more time when you come for your 6 week postpartum clinic visit. This is an important visit for your health. Do you think there will be any problems with your being able to come to the clinic at that time? <i>(Problem solve around any anticipated obstacles, e.g. transportation, babysitting)</i></p> <p>2. I'm looking forward to seeing you then and hearing all the new things about your baby</p>